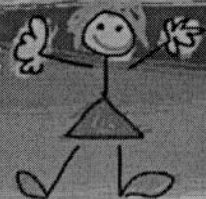


Arizona Child Psychology, PLLC

Serving Children, Adolescents & Parents



Smart Girls:

Empowering Teenage Girls To Become
Smart Young Women (Ages 13 – 15)

Facilitated by Lisa Donsker, MC, LPC

Dates / Times: Call For Current Schedule Offerings

(Groups meet 1x weekly for 5 weeks – Each session is 1 ½ hours long)

Up to 6 Participants will engage in individual and group exercises facilitating peer sharing and empowerment. Group sessions will address:

- Self-Image
- Assertiveness
- Safety
- Personal Goals
- Relationship Boundaries & Sexuality
- Self-Respect
- Empowerment

Enrollment Cost: \$250

Call (602) 525-0866 To Enroll

Location: Arizona Child Psychology, PLLC
10210 N. 32nd Street / Bldg C / Suite #215, Phoenix Arizona

*This group is an educational group format and is not
a substitute for professional therapy*