

Curriculum Vitae
Lisa M. Donsker
Licensed Professional Counselor
10210 N. 32nd Street, Building C / Suite #215, Phoenix, AZ 85028
(602) 525-0866

Education:

Master of Counseling	(2000)	Arizona State University (CACREP Accredited) Tempe, Arizona (Main Campus) Counseling Major GPA: 4.0
Bachelor of Arts	(1995)	University of Puget Sound Tacoma, Washington Psychology Major GPA: 3.8

Specialized Training & Credentials:

Eye Movement Desensitization & Reprocessing (EMDR) Basic Training I and II
Critical Incident Stress Management (CISM) Training
Motivational Interviewing (MI) substance abuse intervention training
Parenting with Love and Limits Program Certified
Certified Advanced Spanish Speaker

Licensure / Certification:

Certified Professional Counselor #CC-10507	(2002)	Arizona Board of Behavioral Health Examiners 3443 N. Central Avenue, Suite # 1700 Phoenix, AZ 85012
Licensed Professional Counselor # 10507	(2004)	Arizona Board of Behavioral Health Examiners 3443 N. Central Avenue, Suite # 1700 Phoenix, AZ 85012

Professional Experience:

2008-present	Arizona Child Psychology, PLLC 10211 N. 32 nd Street, Suite F3, Phoenix, AZ 85028 Currently working as a Licensed Professional Counselor specializing in cognitive-behavioral interventions with children, adolescents and parents. Treatment focused on depressive / anxiety disorders, adaptation / coping, trauma resolution, substance abuse disorders, behavioral management, parent coaching, and interpersonal growth / development.
2001–Present	Maricopa County Juvenile Probation Department 3125 West Durango St., Phoenix, AZ 85009 Have worked in a variety of mental health positions including Drug Court Counselor, Detention Counselor and Counseling Supervisor. In addition to providing direct clinical services for at-risk youth, performed a variety of administrative and supervisory functions including clinical supervision and training to other counselor, psychologists and departmental staff. Also developed and implemented specialized substance abuse treatment program and quality assurance safety program for detained youth.

- 2000-02 **TERROS**
3118 E. McDowell Rd., Phoenix, AZ 85008
Worked as a Certified Professional Counselor specializing in cognitive-behavioral interventions with children, adolescents and parents. Focused on treatment of adults and adolescents with an emphasis on substance abusing and dual diagnosis / seriously mentally ill clients.
- 1999-2000 **City of Tempe Social Services**
3500 S. Rural Rd., Tempe, AZ 85282
Completed one year community mental health internship in individual / family counseling. Worked as an intern providing professional level counseling with a general mental health focus. Services included treatment of depression, anxiety, marital and family counseling.
- 1999 **City of Tempe Fire Department / Care 7 Program**
31 E. 5th Street, Tempe, AZ 85281
Worked as a crisis intervention specialist, mobilizing with fire department personnel managing clients on the scene of emergency situations. Completed death notification services, suicide assessment and referral services.
- 1995-98 **Maricopa County Department of Public Health**
1645 E. Roosevelt, Phoenix, AZ 85006
Worked in a variety of positions including HIV Health Educator and HIV Services Planning positions. Provided HIV education services in English and Spanish to more than 2000 community members. Facilitated provision of HIV services to County members, through direction of eight committees and subcommittees. Managed and built relationships between local agencies, County personnel and community customers. Completed annual federal grants, needs assessment evaluations and statistical reports utilized to direct funds for community resources.

Community Service:

- 1998 **TARGETS Program – Arizona State University**
Served as intervention specialist in intensive university-based intervention program targeting gifted at-risk girls.
- 1999 **ENTER HERE Vocational Education Intervention – Arizona State University**
Implemented 15 week vocational education program for at-risk 7th and 8th grade students in alternative high-school setting. Classes included group discussion, video education, classroom behavior management and individual counseling interventions.

Teaching / Instruction / Media:

- 2007 Channel 12 Morning News Interview Guest
Interviewed as mental health expert regarding substance abuse trends in local public schools
- 2005-06 Guest Speaker – Arizonans For the Protection Of Exploited Children & Adults (APECA)
Presented on trends in substance abuse and sexual exploitation among youth
- 2005-06 Guest Speaker - Rotary Club of Phoenix
Presented on trends in mental health treatment for at-risk youth
- 2004-07 Guest Lecturer - Northern Arizona University and University of Phoenix
“Working with at-risk youth in community counseling contexts”

Professional Interests / Areas of Specialty:

- **Child / Adolescent Counseling**
- **Parent Coaching**
- **Depression /Grief / Trauma Work**
- **“Difficult to Reach” and “Oppositional” Youth**
- **At-Risk Girls**
- **Family Systems Counseling**

Updated: September, 2008